CITY OF SEBASTOPOL
PROCLAMATION

BIKE TO SCHOOL DAY 2021 (MAY 5, 2021)

Whereas, Bicycling to school enables children to incorporate the regular physical activity they need each day while also forming healthy habits that can last a lifetime; and

Whereas, Regular physical activity helps children build strong bones, muscles and joints, and it decreases the risk of obesity; and

Whereas, Research suggests that physically active kids are more likely to become healthy, physically active adults, underscoring the importance of developing the habit of regular physical activity early; and

Whereas, When families decide to strap on their bike helmets to get to school instead of riding in a car, they help reduce the amount of air pollutants emitted by automobiles; and

Whereas, The whole community benefits from efforts to enable and encourage more children to bicycle to school safely such as less traffic congestion; stronger sense of community; safer streets; lower costs such as families save on gas, communities spend less on building and maintaining roads and school districts spend less on busing; improved accessibilities that makes it easier for the community to get around, including parents with strollers, senior citizens, residents without cars and residents with temporary or permanent mobility impairments; and economic gains as sidewalks, paths and other investments in pedestrian and bicycle infrastructure can increase home values and direct additional traffic to local businesses.

NOW THEREFORE BE IT RESOLVED, THAT I, Mayor Una Glass, do recognize May 5th 2021 as Bike to School Day in Sebastopol and encourage biking to school to positively impact academic achievement, student morning energy levels and attention, truancy and absenteeism, and to improve our community through social bonding and community building.

IN WITNESS WHEREOF, I have hereunto set my hand and the Great Seal of the City of Sebastopol this 4th day of May 2021.

Una Glass
Mayor