



# City of Sebastopol Community Newsletter

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April 28 - May 4 Edition of  
Sebastopol Community Newsletter

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**CITY OF SEBASTOPOL ISSUES PROCLAMATIONS IN  
RECOGNITION OF:**

Building Safety Month	May 2023
Lyme Disease Awareness Month	May 2023
Drowning Prevention Month	May 2023
Presentation of the Government Finance Officers Association Distinguished Budget Presentation Award to the City of Sebastopol Budget Sub-Committee	May 2023
Bike to School Day	May 3, 2023
National Day of Awareness for Missing and Murdered Indigenous Women	May 5, 2023
54 <sup>th</sup> Annual Anniversary of Municipal Clerk Week; Declaring the Annual Municipal Clerks Week in Sebastopol	April 30 – May 6, 2023
National Public Works Week	May 21-27, 2023

## MAY IS LYME DISEASE AWARENESS MONTH - HERE'S SOME TICK TALK

Glorious spring weather is finally here! If you've been enjoying the outdoors, especially in grassy areas like the Laguna, be sure to check yourself, kids, and pets for ticks. Bites from these pesky little critters cause irritation and transmit diseases including Lyme disease, Rocky Mountain spotted fever, and tularemia. For more information, visit the California Department of Public Health website's Tick-Borne Diseases page [HERE](#).



*Tick awareness signage on Laguna trail.*



# CAUTION

## TICKS FOUND IN THIS AREA



Ticks will bite humans and feed on blood. Tick bites can cause irritation and transmit diseases including Lyme disease, Rocky Mountain spotted fever, and tularemia.

**To Avoid Tick Bites:**

- Check yourself for ticks often and remove any ticks promptly while visiting this area.
- Stay in the middle of trails. Avoid contact with grasses, shrubs, and leaf litter or logs under trees.
- Check your pet for ticks, keep pets on trails.
- Apply a tick repellent containing DEET to uncovered parts of your body.
- Wear light-colored clothing. Wear a long-sleeved shirt and tuck your shirt into pants; tuck pants into boots or socks.
- Apply a product containing permethrin to clothing to kill ticks.
- Check your entire body for ticks for several days after you leave this area.
- Remove any attached ticks by carefully pulling them straight out. Do not twist, smother, or burn a tick to remove it.

IF YOU BECOME ILL OR DEVELOP A RASH WITHIN 30 DAYS OF YOUR VISIT TO THIS AREA, SEE YOUR DOCTOR. TELL YOUR DOCTOR THAT YOU RECENTLY HAVE BEEN IN AN AREA WHERE TICKS ARE FOUND.


Ticks are small.  
 From left to right: nymph, adult male, adult female

California Department of Public Health  
 Vector Borne Diseases Section  
 P.O. Box 997377  
 Sacramento, CA 95899-7377  
 916 922-0730  
 http://www.cdph.ca.gov

For more information contact:  
 or call your local health department.

# ¡Precaución!

## Garrapatas Abundan En Esta Área



Las garrapatas se alimentan de la sangre al picar a los seres humanos. Las picaduras de garrapata pueden causar irritación en la piel y a veces pueden transmitir enfermedades como la enfermedad de Lyme, la fiebre manchada de las Montañas Rocosas, y tularemia.

**PARA EVITAR PICADAS DE GARRAPATA:**

- Durante su visita a esta área examínese regularmente el cuerpo y quítese inmediatamente cualquier garrapata que tenga encima. Si se encuentra una garrapata quítela con cuidado jalándola en dirección derecha hacia afuera. No la fuerce, sofóque, o queme para quitarla.
- Camine siempre por los senderos establecidos y evite el contacto con las hierbas, los arbustos y las hojas acumuladas debajo de los árboles.
- Revise a sus mascotas para ver si tienen garrapatas y manténgalos senderos establecidos.
- Aplíquese un repelente contra garrapatas que contenga el químico DEET a las partes expuestas del cuerpo. Aplique un producto que contenga permetrina a su ropa.
- Use ropa de color claro y camisas de manga larga. Métase la camisa/blusa dentro de los pantalones; también métase los pantalones dentro de las botas o de los calcetines.
- Examine su cuerpo entero por varios días después de salir de esta área para asegurarse de estar libre de garrapatas.


EN CASO DE QUE USTED SE SIENTA ENFERMO(A) O DESARROLLE UNA ERUPCIÓN EN LA PIEL DENTRO DE 30 DÍAS DESPUÉS DE VISITAR ESTA ÁREA INFESTADA CON GARRAPATAS, VISITE A SU MÉDICO INMEDIATAMENTE. ES MUY IMPORTANTE QUE LE DIGA A SU DOCTOR QUE USTED ESTUVO RECIENTEMENTE EN UNA ÁREA INFESTADA CON GARRAPATAS.

Tamaño real de la garrapata de patas negras del Oeste de USA  
 Híbrido varón adulto / hembra adulta

California Department of Public Health  
 Vector Borne Diseases Section  
 P.O. Box 997377  
 Sacramento, CA 95899-7377  
 916 922-0730  
 http://www.cdph.ca.gov

Para más información comuníquese a:  
 O llame a su departamento de salud local.

## MAY IS BIKE TO WHEREVER MONTH & MAY 18TH IS BIKE TO WORK DAY



**BAY AREA**  
**BIKE TO WORK DAY 2023**

Join the Sonoma County Bicycle Coalition and thousands of folks throughout the Bay Area - in a host of cycling activities, challenges, and classes throughout the month of May.

Visit [www.bikesonoma.org/btwd/](http://www.bikesonoma.org/btwd/) for more information.

## SEBASTOPOL WALKS: MAY 6 - ¡WALK ¡EAT LOCAL IN SEBASTOPOL



**SEBASTOPOL WALKS 2023**  
 NOW IN OUR 15TH YEAR

## ***See what you've been missing from the driver's seat . . .***

It's the best time of year to enjoy walking in Sebastopol! Be a tourist in your own small town and walk where you've never walked before. Most Walks are the last Saturday of the month starting at 9am (Meet at the Downtown Plaza).

**May 6 – Saturday, 9am (Meet at the downtown plaza)**

### **iWalk iEat Local in Sebastopol #4**

**Leader:** Mayor Neysa Hinton

Want to take a Foodie Walk? We will lead a walk to some of our town's local featured restaurants. We'll be walking with short stops to experience in town food samples along the way. Plan to learn more about Sebastopol's food scene from the owners and managers along our walk route and discover a new restaurant you may not have known about. If you have done this walk before, plan to visit some favorites combined with new discoveries.

Approx. 4.5 Miles - Brisk Pace with Restaurant Stops along the way.

Visit the [Sebastopol Walks](#) page on the City's website for more information and the 2023 schedule.

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## **SPECIAL SEBASTOPOL WALKS - WALK AUDIT - MAY 13**

### **Sebastopol Walks**

#### **Walk Audit**

**May 13, 2023 - 10AM to Noon**

**Start – Library Meeting Room**

**End – North Main Street**

**Walk leader – Paul Fritz, local architect and planning commissioner**





There are many components of our built world that can support or detract from a place's walkability. Much of the public realm has been designed with a primary focus on automobile travel with pedestrian needs often secondary or even a complete afterthought. This walk will investigate what makes a good walking environment. We will use AARP's Walk Audit Tool Kit to analyze the quality of the walking environment in Sebastopol. This walk will start with a presentation of what makes a good walkable place and how to undertake a Walk Audit. We will then take a short walk from the library north on Main Street to identify the good and bad elements of the walkability of Main Street. The techniques learned can be applied to other environments around town. We hope that the process will help us understand our infrastructure needs and where we should invest our resources, educate our community on elements of the built environment that support safety, and encourage community members to become agents of change when it comes to encouraging more walking.

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## FREE ORGANIC COMPOST GIVEAWAY - MAY 6TH



**Applying compost is one of many things you can do for the climate, it helps build soil health while retaining water!**

**Date:** Saturday, May 6, 2023

**Time:** 9am-12pm (or until the pile is gone)

**Location:** 425 Morris St. (behind the Community Center Youth Annex)

**Bring:** shovels, buckets or bags, tarps, gloves, pick-up truck

1/2 cubic yard per household (more available for school gardens or multi-family gardens)

The free compost events are provided by the Sebastopol Climate Action Committee, the City of Sebastopol, Zero Waste Sonoma, and WM Redwood of Novato.

**Sebastopol Climate Action Committee** is a group of dedicated citizens working to address the global climate emergency through local action.

**Contact:** [ClimateActionCommittee@cityofsebastopol.org](mailto:ClimateActionCommittee@cityofsebastopol.org) or [Sebastopolsinkscarbon@gmail.com](mailto:Sebastopolsinkscarbon@gmail.com)

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## 2023 NORTH BAY ZERO WASTE SYMPOSIUM

**2023  
ZERO WASTE  
SYMPOSIUM**  
THUR · MAY 11 · 8AM-5PM  
SOMO VILLAGE, ROHNERT PARK

*Redesign*

*Reduce*

*Reuse*

*Rot*

*Recycle*

**Date:** Thursday, May 11, 2023

**Time:** 8am to 5pm

**Location:** SOMO Village, Rohnert Park

**Register** [HERE](#)

North Bay Zero Waste Symposium engages community stakeholders by showcasing zero waste policies, programs and infrastructure that design waste out of the system wherever possible and divert discarded materials through composting, reclaiming, reducing, reusing, and recycling. We can eliminate waste around the North Bay with the participation of all residents and businesses. Together, it is possible to be a model for the rest of the community and beyond.

Learn more about the North Bay Zero Waste Symposium [HERE](#).

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## UPCOMING BUDGET MEETINGS



Important budget meetings are coming up. The public is invited to join the meeting via Zoom. See the Meeting Page link for the meeting agenda and Zoom info.

### **FY23-24 Budget Discussion #9 - Follow-up/Recap Continued**

**Date:** Wednesday, May 10, 2023

**Time:** 10:00 AM

[Meeting Page](#)

[Zoom Link](#)

Have a say in how your tax dollars are spent!



## UPCOMING MEET YOUR NEIGHBORS (MYN) CLASSES

### MYN Classes

Being prepared together

Classes are on Zoom on the 3rd Wednesday of the month at 6:30pm.

### Upcoming Classes

May 17, 2023

June 21, 2023

Sign up for an upcoming MYN class [HERE](#).

See the [SebastopolReady Calendar](#) for a complete list of classes.

Learn more about the MYN program and classes [HERE](#).



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## ADVANCED METERING INFRASTRUCTURE (AMI) OPT-OUT PROGRAM INFORMATION



At the City of Sebastopol, we support offering our customers a choice in metering infrastructure. The AMI Opt-Out Program is for residential customers who prefer not to have the data collector/transmitter installed with their water meter. The program allows customers to have their meter read manually at the end of every month at no additional cost to the customer.

Most customers look forward to having an automated meter installed at their home and taking advantage of the many benefits that this technology offers, such as fewer visits from field service representatives and immediate access to consumption information. However, if you are a City of Sebastopol residential customer and would prefer not to have an automated meter read at your home, Please call us at: **707-823-5331** or Email: [citypw@cityofsebastopol.org](mailto:citypw@cityofsebastopol.org).

Let one of our customer service representatives know that you would like to opt out of our automated meter program. The Opt-Out program allows customers who prefer not to have the data collector / transmitter with their water meter read manually at the end of every month at no additional cost to the customer.

[AMI Opt-out Application](#)

[AMI Opt-out FAQ](#)

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## CLERK SOUGHT FOR MAYORS' & COUNCILMEMBERS' ASSOCIATION OF SONOMA COUNTY

The City of Sebastopol has been tasked with searching/recruitment for a Clerk for



the Mayors' & Councilmembers' Association of Sonoma County.

The focus of the Mayors' and Councilmembers' Association (MCA) of Sonoma County has been the exchange of ideas among fellow elected officials - both by educational presentations and by providing an opportunity to network with peers. The MCA Board of Directors (Board) also makes appointments to select regional bodies, as well as serving as the City Selection Committee for Sonoma County,

as required under Government Code §50270. The MCA Board and General Membership meetings are held quarterly, per the current by-laws. The MCA also has a Legislative Committee.

- [Professional Clerk Services for the Sonoma County Mayors and Councilmembers Association | CalOpps](#)
- [Sonoma County Mayors and Councilmembers Association Clerk Position](#)
- [Agreement for Professional Services - City of Sebastopol MCA Clerk](#)

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## THE CITY OF SEBASTOPOL IS SEEKING SUBMISSIONS

As the City Council embarks on the process to identify candidates to fill the shoes of departing City Manager/City Attorney Larry McLaughlin, they are seeking the following:



- [Submission of Statements of Qualifications from full-service law firms to provide legal services, including City Attorney services, for the City of Sebastopol.](#)
- [Submission of Proposals from full-service executive search firms to provide executive search services, including an imminent City Manager search, for the City of Sebastopol.](#)

Spread the word!

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## CURRENT EMPLOYMENT OPPORTUNITIES



**Administrative Services Department (Finance)**

**[Accountant](#)**

**Deadline to Apply: Open Until Filled**

See the city [website](#) for additional information and requirements on these current opportunities to participate in the management and growth in our community.



## CITY MEETINGS

All meetings will be held both in-person and virtually and are open to the public to attend.

Meetings will be held at the Sebastopol Youth Annex, 425 Morris Street, Sebastopol, CA 95472, and are open for in-person attendance.

Agendas for upcoming meetings can be found on the City website by clicking the "[Meetings](#)" link on the home page. Agendas will contain information about participating both in-person and virtually in real time when this feature is available.

### City Council Meetings:

- **Meeting Days:** First and Third Tuesday of each month
- **Meeting Time:** 6pm
- **Meeting Location:** Sebastopol Youth Annex, 425 Morris St., Sebastopol, CA
- **Livestream Link:** <http://bit.ly/sebcctv>
- To submit comments before the meeting:
  - **For Items Not on the Agenda:** Members of the public may submit written emails/comments for items not on the agenda either by email as a public record or by public comment during the public comment period of the virtual City Council meeting. All written emails/comments will be provided to the entire City Council as a public record but will not be read into the minutes at the City Council meeting. Written emails/comments should be received by 5:00 pm of the Council Meeting Date for submission to the entire City Council prior to the meeting and will be included as a part of the record of the meeting. Please submit your comments via email for this meeting to [mgourley@cityofsebastopol.org](mailto:mgourley@cityofsebastopol.org)
  - **For Items Listed on the Agenda:** Members of the public may submit written emails/comments for items listed on the agenda either by email as a public record or by public comment during the public comment period of the agenda item during the virtual City Council meeting. **Email comments must identify the Agenda Item Number in the subject line of the email.** All written emails/comments will be provided to the entire City Council as a public record but will not be read into the minutes at the City Council meeting. Written emails/comments should be received by 5:00 pm of the Council Meeting Date for submission to the entire City Council prior to the meeting and will be included as a part of the record of the meeting. Please submit your comments via email for this meeting to [mgourley@cityofsebastopol.org](mailto:mgourley@cityofsebastopol.org)
- **Next Meeting:** [City Council Meeting of May 16, 2023 @ 6:00 PM](#)

### Planning Commission Meetings:

- **Meeting Days:** Second and Fourth Tuesday of each month
- **Meeting Time:** 6pm
- **Meeting Location:** Sebastopol Youth Annex, 425 Morris St., Sebastopol, CA
- **Livestream Link:** <http://bit.ly/sebcctv>
- To submit comments before meeting, send an email to [kvanstrom@cityofsebastopol.org](mailto:kvanstrom@cityofsebastopol.org)
- **Next Meeting:** [Planning Commission Meeting of May 9, 2023 @ 6:00 PM](#)

### Design Review Board Meetings:

- **Meeting Days:** Fourth Tuesday of each month
- **Meeting Time:** 3:30pm
- **Meeting Location:** Sebastopol Youth Annex, 425 Morris St., Sebastopol, CA

- **Livestream Link:** <http://bit.ly/sebcctv>
- To submit comments before meeting, send an email to [jjay@cityofsebastopol.org](mailto:jjay@cityofsebastopol.org)
- **Next Meeting:** [Design Review Board Meeting of May 23, 2023 @ 3:30 PM](#)

**Public Arts Committee Meetings:**

- **Meeting Days:** First Wednesday of each month
- **Meeting Time:** 1:30pm
- **Meeting Location:** Sebastopol Youth Annex, 425 Morris St., Sebastopol, CA
- **Livestream Link:** <http://bit.ly/sebcctv>
- To submit comments before meeting, send an email to [kvanstrom@cityofsebastopol.org](mailto:kvanstrom@cityofsebastopol.org)
- **Next Meeting:** There are currently no meetings scheduled.

**Climate Action Committee Meetings:**

- **Meeting Days:** Second Tuesday of each month
- **Meeting Time:** 3pm
- **Meeting Location:** Sebastopol Youth Annex, 425 Morris St., Sebastopol, CA
- **Livestream Link:** <http://bit.ly/sebcctv>
- To submit comments before meeting, send an email to [jjay@cityofsebastopol.org](mailto:jjay@cityofsebastopol.org)
- **Next Meeting:** [Climate Action Committee Meeting of May 9, 2023 @ 3:00 PM](#)




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## COMMUNITY NEWS

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### FREE SEBASTOPOL AREA SENIOR CENTER WORKSHOP SERIES

**Caregivers and Elders with Balance Issues – one-hour FREE workshops for you!**



The Lecture series will help caregivers understand how best to care for those with health issues and how to cope with being a caregiver. People affected with health issues will learn how to cope and avoid falls. The series is from **2:30-3:30 p.m.** Any interested person is invited to attend. All workshops are free for both members and non-members. **Register by calling 707-829-2440.**

- **May 10** - Marianne Potts, Physical Therapist: Getting Up from a Fall
- **May 17** - Allan Bernstein, MD: Neurological Conditions
- **May 24** - Lisa Bell Physical Therapist: Vestibular Conditions in Older Adults and their Treatment



- **May 31** - Steve Levenberg DO: Medications and Fall Risk
- **June 7** - Paula Shatkin, Social Worker: Supports for Caregivers

Visit <https://www.sebastopolseiorcenter.org> for more info.

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Contact Us



7120 Bodega Avenue, Sebastopol, CA 95472

707-823-1153

[www.CityofSebastopol.org](http://www.CityofSebastopol.org)

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